



Screening and monitoring of non-communicable diseases in Primary Health Care through the Prophylactic Examination Checklist Forms Author's Rights Certificate Series O no. 6598 / 6599

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The main chronic non-communicable diseases operate through a group of common risk factors, that determine the onset and severity of the disease, as well as therapeutic management.

The proposed tools relate to family medicine and their purpose is to help family physicians and nurses perform and record the procedures for the annual or trimestral prophylactic check-ups of adults in Primary Health Care.

The main goal is the annual evaluation for apparently healthy people with the identification of risk factors and application of all screening procedures according to national regulation, and the quarterly follow-up of patients with hypertension and type 2 diabetes mellitus.

The Prophylactic Examination Checklist Forms represent a well-defined and structured algorithm, which includes the requirements of national programs for the control of non-communicable diseases, that have become an annex to the standardized clinical protocols - PEN1 "Prevention of heart attack, stroke, and kidney disease through integrated diabetes mellitus management and arterial hypertension" approved by Ministry of Health Order no. 1258 of 29.12.2022 and PEN 2 "Health education and counseling on healthy behavior", approved by Ministry of Health Order no. 1259 of 29.12.2022.

Fields of application: family medicine.

FIȘA DE EXAMINARE MEDICALĂ PROFILACTICĂ (ANUALĂ) - Detailed medical examination form with sections for patient history, physical exam, and lab tests.

MINISTERUL SĂNĂTĂȚII AL REPUBLICII MOLDOVA - ORDIN nr. 1258/2022 - Official order regarding the implementation of the clinical protocol for the prevention of heart attack, stroke, and kidney disease.

FIȘA PENTRU CONDUITA PACIENȚILOR CU HTA ȘI DZ (se completează cu periodicitatea stabilită în Protocolul PEN 1 pentru managementul integrat al DZ și HTA) - Form for patient management of hypertension and diabetes.